



2025 Deeper Still Course Outline

I'm so grateful you have chosen to go deeper and continue your training journey with me.

I've set up this advanced training because I believe there is always room to grow, strengthen our connection to source and improve as a teacher of meditation and timeless wisdom.

I will work with you over the next ten weeks to integrate the teachings even deeper into your particular circumstance so you can infuse the wisdom in a practical way at the level of the soul and then share it with the world through your personal practice.

I've laid this training out very carefully to build on the Level I Masters of Wisdom & Meditation Teacher Training and create a unique experience for you that goes deeper with more expansive readings, provoke even deeper explorations through insightful, thought provoking lessons, and culminates with even deeper end game for you.

We will continue our journey of exploring many diverse wisdom traditions and the expressions of many different teachers throughout history so that the depth and breadth of your understanding takes you to an even deeper mastery of mantras, sacred sounds and the wisdom teachings.

You will expand your daily practice; strengthen your comfort as a teacher; learn to give personal Nakshatra mantras; and, gain even more confidence in teaching meditation.

I'll be supporting you every step of the way and am excited to get started.

Journey with me...
Peace ~davidji

Training Details

This advanced teacher training program consists of 10 online lessons, weekly LIVE webinars each Sunday, and a three-day Virtual Immersion +graduation at the end of the training, February 6-8, 2025.

Each weekly lesson includes teachings and exercises to help you on this journey. I'm here, along with Nancy, to support you as much as possible. After graduation, we will have a "reunion" group webinar one month after you are certified.

In addition to the lessons, we've also created for you:

- *this course outline*
- *your reading list*
- *a journal for you to track your meditation experiences*
- *a private group facebook page*
- *an online dashboard with your weekly lessons and many resources*
- *special dropbox links for assignment submissions*
- *a training manual which you will receive after Certification weekend.*





Getting Started

Each of us has our own individual study style and process for absorbing information. Once the advanced teacher training process begins, we recommend the following progression.

01

Review this Course Outline document in detail. And visit the introductory pages of your Advanced Teacher Training dashboard to familiarize yourself with the course, the dashboard, your reading list, etc.

02

Accept our invitation (watch your email) to review your Advanced Teacher Training Code of Conduct and return the signed version to us via dropbox sign.

03

Join our group Facebook page to start interacting with your fellow advanced-teachers-in-training, visit this link to provide us needed administrative information, and upload a photo for us at this link - <https://www.dropbox.com/request/UuhRtxWdbOEaOBlluzUp> - (saved with your name in the document title).

04

Meditate. Continue your twice a day meditation practice and track it every day in your Meditation Journal.

05

Read. Review the required reading list, order any books you don't own yet and **START READING!** Start with any books from the Masters of Wisdom & Meditation Teacher Training list that you may not have finished during your Level I training. Read each from beginning to end, feel free to make notes along the way but keep pushing through until you have absorbed all the information. Make note of the styles that most resonate with you as well as those that don't.



Getting Started

Each of us has our own individual study style and process for absorbing information. Once the advanced teacher training process begins, we recommend the following progression.

06

Read More... Then begin reading the other books on the required reading list. Buy one, devour it, move to the next.

07

Re-Examine Your Sacred Values & Ask Yourself “What have I learned about myself since I completed my Level I Teacher Training?” Dust off your Your Teacher Training Questionnaire and your Teacher Training Soul Paper to look at where you’ve been, where you are today and where you want to go! We’ll discuss these concepts in our initial sessions and in your one-on-one meeting with me.

08

Participate. Engage. Attend the weekly webinars – these are opportunities to ask questions, go deeper into philosophy, and share your challenges and triumphs.

09

Connect. Connect with your fellow advanced teachers-in-training on our private group facebook page, through the study groups and our weekly webinars.

Throughout the process, feel free to reach out to me or Nancy with any questions, personal dreams, or principles you’d like to discuss. Together, we will transform the world as we transform ourselves.

We are thrilled to be working with you again in this intimate format and taking these magnificent teachings deep with you.

Schedule and Flow of Content

LIVE Zoom Sessions

We will meet weekly for group online ZOOM webinar classes.

These are scheduled for: Sunday, December 1, 2024, 8:00 am - 9:30 am(ish) PST; and then every Sunday thereafter from 8-9:30 am(ish) PT, until February 2, 2025

Join Zoom Meeting

<https://us02web.zoom.us/j/85477101456?pwd=TfauGIIoTXhY26kBZ93idYI35PtE1Y.1>

Meeting ID: 854 7710 1456

Passcode: davidji

After graduation, we'll have a final group webinar in March 2025 - one month after you are certified.

Each webinar will be recorded so that if you are unable to attend live, you can watch it later or revisit it any time you like during the training.

Online Lessons

As with your Level I training, we will practice 10 lessons along the way, with assignments, study group interaction, and our Virtual "retreat style" certification sessions LIVE via Zoom February 6-8, 2025.

Each week you will receive an email from davidji and your new lesson will be available on the online training dashboard. The lessons cover a rich variety of teachings. Each lesson will have parallel tracks with ancient wisdom lessons, mantra & sacred sounds lessons, teaching exercises/resources and individual or group assignments. They will include stories, a quotes, audio files, videos, readings or exercises, and all accessible through this online training dashboard. See what it's like to live the lessons every day for that entire week.

Plan to check your email and login to the Deeper Still dashboard each Sunday for your new weekly lesson. And of course attend the weekly webinar or watch the recording at your convenience. And, throughout the week, you can do the lessons, watch the videos, listen to the audio, etc. on demand at a time that's convenient for you. The same principle applies for exploring and absorbing the gems in your required reading list!

If you have any difficulty logging in or seeing the new weekly lesson on your dashboard, it usually means there is a problem with your web browser. If that is the case, there's a quick fix! Please note which web browser you are using and follow the instructions to clear your cache and history. Then, restart your browser and log in again.

If this process doesn't fix it, let Nancy know that you are having difficulties, identify for her what steps you have already taken, if possible send a screenshot of the problem, and our team (teachertraining@davidji.com) will investigate further.

We have also found that sometimes various email accounts seem to be finicky about rejecting emails from people not in your address book. To make sure you receive your weekly email and other emails from us, please make sure you whitelist our email addresses by adding info@davidji.com nancy@davidji.com, teachertraining@davidji.com, and teamdavidji@davidji.com to your address book as approved senders. If you still do not see your weekly email each Sunday, please check your spam/junk folder and if it is not there either, please be sure to let Nancy know and she will resend it to you

Schedule & How ...continued...

Reading Lists

Before reading the Deeper Still reading list books, make sure you are comfortable with the teachings in the current Level I Teacher Training required and suggested reading lists since those are required reading for this training. You should have started with books in those categories that you had not yet immersed in as soon as you enrolled in the training– and then proceed to the Deeper Still core and recommended readings.

Since it's my hope that you read and study at the speed, order, and frequency that your heart leads you, I will not be posting the content of the weekly lessons prior to their release. There will be some weeks where what you are reading is what we're studying, and other weeks where we are dancing like a double-helix. I encourage you to stay connected with each other through our group emails, our private Facebook page and individual connection.

For each book, make notes along the way and pay attention to the styles that most resonate with you, as well as those that don't. Then, read the other books on the required reading list. Read one, devour it, and move to the next. Talk about the readings, write about them, post them, share them with friends... keep them alive in some way in your life.

Once you have read every required book, identify your favorites, and move deeper into the suggested reading. We'll discuss what we're reading in our webinars and the facebook group.

2025 Deeper Still Required Reading List

Mantram Handbook – Eknath Easwaren

Mantra Yoga and Primal Sound – David Frawley

Be as You Are: The Teachings of Sri Ramana Maharshi

The Upanishads – Eknath Easwaren translation

Nonviolent Communication – Marshall Rosenberg

The Seat of the Soul – Gary Zukov

+ Required Reading List from the Current Masters of Wisdom & Meditation Teacher Training (as noted below)

Current MOW&MTT: Required Reading (also required for Deeper Still)

As new books are released and as our curriculum evolves, we ensure the reading list for each Teacher Training stays challenging. Below is the list for the current Teacher Training:

Books by davidji

- destressifying: A Real World Guide to Personal Empowerment, Lasting Fulfillment & Peace of Mind – davidji
- Secrets of Meditation: A Practical Guide to Inner Peace & Personal Transformation (revised edition)– davidji
- Sacred Powers – davidji

Schedule & How ...continued...

Reading List (continued)

Ancient Wisdom & Buddhist Philosophy

The Heart of the Buddha's Teaching – Thich Nhat Hanh

The Yoga Sutras of Patanjali – Translated by Sri Swami Satchidananda

The Bhagavad Gita – Eknath Easwaren translation

The Crest Jewel of Discrimination – Adi Shankara (translated by Christopher Isherwood)

Modern Interpretations of Ancient Wisdom

- Soul Shifts – Barbara DeAngelis
- Paths to God – Ram Dass
- The Ten Commitments – David Simon, MD
- The Four Agreements – don Miguel Ruiz
- When Things Fall Apart – Pema Chodron
- Autobiography of a Yogi – Paramahansa Yogananda
- Nonviolent Communication – Marshall Rosenberg

Current MOW&MTT Suggested Reading (also required for Deeper Still)

- The Upanishads – Eknath Easwaren translation
- The Essential Wayne Dyer Collection – Wayne Dyer
- The Power of Now – Eckhart Tolle
- Mindfulness for Beginners – Jon Kabat-Zinn
- Power vs. Force – David M. Hawkins
- After the Ecstasy, the Laundry – Jack Kornfield
- The Seat of the Soul – Gary Zukav

2025 Deeper Still Recommended Reading List

- I AM THAT – Sri Nisargadatta Maharaj
- The Holy Science – Sri Yukteswar Giri
- The Power of Now – Eckhart Tolle
- After the Ecstasy, the Laundry – Jack Kornfield
- Mindfulness for Beginners – Jon Kabat-Zinn
- Power vs. Force – David M. Hawkins

Schedule & How ...continued...

Reading List (continued)

2025 Deeper Still Next Wave for High Achievers Reading List

Book of Secrets – Osho

The Book of Life: Daily Meditations with Krishnamurti – J Krishnamurti

The Ramayana by Vālmiki– translated by R. K Nayanan

Dhammapada – translation by Eknath Easwaren

Your Certification Sessions

Our “Virtual” LIVE! Certification sessions will be held via Zoom February 6-8, 2025. We will be spending our time together meditating, exploring mantras, sacred sounds and ancient wisdom teachings, discussing the interpretations of modern masters, and relating these to our own lives.

February 6-8, 2024

Thursday | 8:00 am – 10:00 am Pacific Time

Friday | 8:00 am – 3:00 pm Pacific Time

Saturday | 8:00 am – 10:00 am Pacific Time

Join Zoom Meeting : <https://us02web.zoom.us/j/86918333463?pwd=qMFbOeB9BbH0taOgwhX0dFt2aD3uq8.1>

Meeting ID: 869 1833 3463

Passcode: davidji

Your Daily Meditation Practice

Of course, the foundation of the enrichment program is deepening your meditation practice as well as increasing your comfort and skill as a teacher of meditation and ancient wisdom! Plan to set aside 30 minutes each morning and 30 minutes each afternoon for your twice daily meditation practice! Use the meditation journal provided to consciously observe and track how your twice daily meditation practice shifts and transforms your life trajectory.

Questions

Congratulations and thank you again for choosing to join us for this advanced teacher training.

If you have any other questions, please email me at info@davidji.com or Nancy at nancy@davidji.com anytime!

REMEMBER:

*A hunting party often has a greater chance of flushing
love and God out into the open than a warrior all alone."*

~Hafiz

Let's do this together!!!!

