



Israel Pilgrimage Itinerary

Tuesday, February 25 Arrival - Nataf & Israel Museum

- Meet Guide and Driver
- Tree planting activity
- Israel Museum to see Dead Sea Scrolls and Holyland exhibits
- Welcome Dinner

Wednesday, February 26 - Yad Vashem & Old City

- Morning Meditation
- Yad Vashem (the Israeli Holocaust Museum)
- Boxed Lunch on the bus from Yad Vashem to Kotel (Western Wall)
- Western Wall
- City of David

Thursday, February 27 - Mount of Olives | Old City

- Morning Meditation
- Temple Mount & Mount of Olives
- Walk through the Muslim Quarter to the Christian Quarter
- Guided Tour of the Stations of the Cross
- Guided Tour of the Church of the Holy Sepulcher
- Shopping and free time in the Christian and Muslim Quarters
- Dinner on your own at Shuk Mahne Yehudah (marketplace) and free time at the Shuk

Friday, February 28 - Bethlehem

- Morning Meditation
- Conversation with leadership from the NGO Women Waging Peace
- Discussion about the Palestinian-Israeli Conflict
- Tour of the West Bank on the way to Bethlehem
- Bethlehem
- Guided Tour of Church of Nativity and Grotto
- Volunteer Opportunity in Aida Refugee Camp with an NGO
- Tour of Separation Wall/Banksy Graffiti
- Kabbalat Shabbat at Jerusalem Synagogue

- Traditional Shabbat Dinner

Saturday, February 29 - Jericho | Kaser El Yahud

- Morning Meditation
- Saint George Monastery
- Jericho, cable car ride and hike to the Church of Temptation
- Baptism in the Jordan River
- Lunch on the way to Kfar Hanokdim (Bedouin Village)
- Dinner at Kfar Hanokdim in a Bedouin Tent
- Drum Circle after Dinner
- Sleep in Kfar Hanokdim

Sunday, March 1 - Masada | Dead Sea

- Sunrise hike to and meditation on top of Mount Masada
- Dead Sea | Kalya beach for Lunch
- Visit the “Lowest Bar on Earth”
- Jordan Valley up to Rosh Pina
- Stay in Galilee

Monday, March 2 - Kibbutz | Druz Village | Ben Tal

- Morning meditation
- Kibbutz Malkiya
- Ben Tal, Valley of Tears and a tour from above of Lebanon & Syria
- Sunset boat tour on the Sea of Galilee on the Ancient Galilee Boat
- Dinner on the Kinneret at Manna
- Stay in Galilee

Tuesday, March 3 - Safed | Winery

- Kabbalistic Meditation with a teacher from Tzfat, the birthplace of Kabbalah (Jewish Mysticism)
- Tzfat guided tour of historic and religious landmarks
- Poetry Immersion in Tzfat
- Free Time to shop and eat
- Winery tour and tasting in the Golan Heights
- A visit to Sidnayah of the Galil, a co-op between Arab and Israeli women
- Dinner on the way to Tel Aviv
- Sleep in Tel Aviv

Wednesday, March 4 - Jaffa | Tel Aviv

- Morning Meditation on the beaches of Tel Aviv

- Rabin Square
- “Shuk ha Pishpishim” Flea Market
- Guided Tour of Port of Jaffa
- Farewell Dinner in Jaffa
- Sleep in Tel Aviv

Thursday, March 5 - Tel Aviv | Depart for home

- Morning meditation and group session
- Museum of Tel Aviv
- Lunch at Chadar Ochel at the Museum
- Depart for Airport