



*Welcome to my
Deeper Still Advanced Teacher Training!!*

I'm so grateful to have you on this journey with me.

I've set up this training because I believe there is always room to grow, strengthen our connection to source and improve as a teacher of meditation and timeless wisdom.

I will work with you over the next several months to integrate the teachings even deeper into your particular circumstance so you can infuse the wisdom in a practical way at the level of the soul and then share it with the world through your personal practice.

I've laid this training out very carefully to build on the Level I Masters of Wisdom & Meditation Teacher Training and create a unique experience for you that goes deeper with more expansive readings, provoke even deeper explorations through insightful, thought provoking lessons, and culminates with even deeper end game for you. We will continue our journey of exploring many diverse wisdom traditions and the expressions of many different teachers throughout history so that the depth and breadth of your understanding takes you to an even deeper mastery of the wisdom teachings.

You will expand your daily practice; strengthen your comfort as a teacher; learn to give personal Nakshatra mantras; and, gain confidence with the business of teaching meditation.

I'll be supporting you every step of the way and am excited to get started.

Journey with me...

Peace. -davidji

IMPORTANT COURSE DETAILS:

This course consists of 14 online lessons and one week for our Virtual in residence. Each lesson includes teachings and exercises to help you on this journey.

I'm here to support you as much as possible.
In addition to the lessons, I've also created for you:

- this course outline
- your reading list
- a journal for you to track your meditation experiences
- a private group facebook page
- an online dashboard with your weekly lessons and many resources
- a special dropbox account for assignments and your personal questionnaire
- a training manual which you will receive during in-residence week

Getting Started:

Each of us has our own individual study style and process for absorbing information. Once the advanced teacher training process begins, we recommend the following progression.

1. Continue your twice a day meditation practice and track it every day in your Meditation Journal.
2. Dive into the reading list – read each book from beginning to end, feel free to make notes along the way but keep pushing through until you have absorbed all the information. Make note of the styles that most resonate with you as well as those that don't. Share with your tribe through our private group Facebook page.
3. Begin to re-visit the code you live by – we'll discuss it in your one-on-one meeting with me.
4. Attend the monthly webinars – these are opportunities to ask questions, go deeper into philosophy, and share your challenges and triumphs.
5. Connect with your fellow advanced-teachers-in-training on our private group facebook page or through the group email.

Throughout the process, feel free to reach out to davidji or Nancy with any questions, personal dreams, or principles you'd like to discuss. Together, we will transform the world as we transform ourselves.

We are thrilled to be working with you in this intimate format and taking these magnificent teachings deeper with you.

Schedule and Flow of Content

Online meeting schedule:

You & I will have one video call and there will be four monthly group online webinars.

These are scheduled for:

Sunday, December 6, 2020, 10 am - 12 noon PST;

Sunday, January 10, 2021, 10 am - 12 noon PST;

Sunday, February 14, 2021, 10 am - 12 noon PST; and,

Monday, April 12, 2020, 8 am - 10 am PST

Mark your calendar and check the dashboard for your login information for each webinar.

Each webinar will be recorded so that if you are unable to attend live, you can watch it later or revisit it any time you like during the training.

14 Online lessons:

We will practice 14 lessons along the way, with assignments, study group interaction, a term paper, and then five days for our Virtualin-residence Live via Zoom.

Each week you will receive an email from davidji and your new lesson will be available on the online training dashboard.

The lessons cover a rich variety of teachings. Each lesson will have three parallel tracks with a **wisdom lesson**, a **teaching exercise/resource** and an **individual or group assignment**. They will include stories, a quotes, audio files, videos, readings or exercises, and all accessible through this online training dashboard. See what it's like to live the lessons every day for that entire week.

Plan to check your email and login to the Deeper Still Advanced Teacher Training dashboard each Sunday for your new weekly lesson. And, throughout the week, you can do the lessons, watch the videos, listen to the audio, etc. on demand at a time that's convenient for you. The same principle applies for exploring and absorbing the gems in your required reading list!

If you have any difficulty logging in or seeing the new weekly lesson on your dashboard, it usually means there is a problem with your web browser. If that is the case, there's a quick fix! Please note which web browser you are using and follow the instructions to [clear your cache](#) and history. Then, restart your browser and log in again.

If this process doesn't fix it, let [Nancy](#) know and our team will investigate further.

We have also found that sometimes various email accounts seem to be finicky about rejecting emails from people not in your address book. To make sure you receive your weekly email and other emails from us, please make sure you [whitelist](#) our email addresses by adding info@davidji.com, nancy@davidji.com, and customerservice@davidji.com to your address book as approved senders. If you still do not see your weekly email each Sunday, please check your spam/junk folder and if it is not there either, please be sure to let [Nancy](#) know and she will resend it to you.

Reading Lists

Before reading the Deeper Still reading list books, make sure you are comfortable with the teachings in the current Level I Teacher Training required and suggested reading lists since those are required reading for this Deeper Still training. You should have started with books in those categories that you had not yet immersed in as soon as you enrolled in the training— and then proceed to the Deeper Still core readings.

Since it's my hope that you read and study at the speed, order, and frequency that your heart leads you, I will not be posting the content of the weekly lessons prior to their release. There will be some weeks where what you are reading is what we're studying, and other weeks where we are dancing like a double-helix. I encourage you to stay connected with each other through our group emails, our private Facebook page and individual connection.

For each book, make notes along the way and pay attention to the styles that most resonate with you, as well as those that don't. Then, read the other books on the required reading list. Read one, devour it, and move to the next. Talk about the readings, write about them, post them, share them with friends... keep them alive in some way in your life.

Once you have read every required book, identify your favorites, and move deeper into the suggested reading. We'll discuss what we're reading in our webinars and the facebook group.

2020/2021 Deeper Still Required Reading List

- Miracle of Love – Ram Dass
- I AM THAT – Sri Nisargadatta Maharaj
- Be as You Are: The Teachings of Sri Ramana Maharshi
- The Holy Science – Sri Yukteswar Giri
- Mindfulness for Beginners – Jon Kabat-Zinn
- The Upanishads – Eknath Easwaren translation
- Sacred Contracts – Carolyn Myss

- The Essential Wayne Dyer Collection – Wayne Dyer
- The Seat of the Soul – Gary Zukov
- The Power of Now – Eckhart Tolle
- Nonviolent Communication – Marshall Rosenberg
- Power vs. Force – David M. Hawkins
- After the Ecstasy, the Laundry – Jack Kornfield
- + Required Reading List from the Current Masters of Wisdom & Meditation Teacher Training (as noted below)

2020/21 Deeper Still Recommended Reading:

- Book of Secrets– Osho
- The Book of Life: Daily Meditations with Krishnamurti– J Krishnamurti
- The Ramayana– Válmíki translated by Ralph T. H. Griffith
- Dhammapada– translation by Eknath Easwaren
- Tibetan Book of the Dead– translated by Robert Thurman

Current MOW&MTT: Required Reading (also required for Deeper Still)

As new books are released and as our curriculum evolves, we ensure the reading list for each Teacher Training stays challenging. Below is the list for the current Teacher Training:

- destressifying: A Real World Guide to Personal Empowerment, Lasting Fulfillment & Peace of Mind – davidji
- Secrets of Meditation: A Practical Guide to Inner Peace & Personal
- Transformation (revised edition) – davidji
- Sacred Powers: The Five Secrets to Awakening Transformation – davidji
- Soul Shifts – Barbara DeAngelis
- Paths to God – Ram Dass
- The Heart of the Buddha's Teaching – Thich Nhat Hanh
- The Yoga Sutras of Patanjali – translated by Sri Swami Satchidananda
- The Bhagavad Gita – Eknath Easwaren translation
- The Crest Jewel of Discrimination – Adi Shankara (translated by Christopher Isherwood)
- The Ten Commitments – David Simon, MD
- The Four Agreements – don Miguel Ruiz
- When Things Fall Apart – Pema Chodron
- Autobiography of a Yogi – Paramahansa Yogananda

Current MOW&MTT: Next wave for High achievers

- The Book: On the Taboo of Knowing Who You Are – Alan Watts (on Vedanta)
- The Way of Zen – Alan Watts (classic)
- Comfortable with Uncertainty – Pema Chodron
- Walden – Henry David Thoreau
- Love Your Enemies – Sharon Salzberg & Robert Thurman
- Loving What Is – Byron Katie
- Siddhartha – Hermann Hesse
- Zen Mind, Beginner's Mind – Shunryu Suzuki
- The Farther Reaches of Human Nature – Abraham H. Maslow
- Tao Te Ching – Victor Mair is The BEST translation (as are all of his)
- Back to Sanity: Healing the Madness of Our Minds – Steve Taylor
- Destructive Emotions – Dalai Lama & Daniel Goleman
- Polishing the Mirror – Ram Dass
- The Fire from Within – Carlos Castaneda
- Freedom from the Known – Jiddu Krishnamurti
- Island – Aldous Huxley

Your daily meditation practice

Of course, the foundation of the advanced training is deepening your meditation practice as well as increasing your comfort and skill as a teacher of meditation and ancient wisdom! Plan to set aside 30 minutes each morning and 30 minutes each afternoon for your twice daily meditation practice! Use the meditation journal provided to consciously observe and track how your twice daily meditation practice shifts and transforms your life trajectory.

In-residence Training (Week 16)

Your Virtual in-residence week for Advanced Teacher Training will be held at the LIVE via Zoom from the comfort of your home! .

We will rise each morning, meditate, practice yoga, and spend each day exploring ancient wisdom teachings, discussing the interpretations of modern masters, and relating these to our own lives.

The in-residence portion of your training begins Wednesday morning, March 17, 2021 and outside of meal breaks for breakfast, lunch, and dinner, we will be together:

- Wednesday - Saturday: pre-sunrise - 8/9 pm
- Sunday: pre-sunrise - 9/10 am

We will end each day between 8 am 9 pm with a process to take the teachings deeper into our consciousness. The training will be customized to each attendee's needs and intentions, and there will be exercises and activities each day that may change the order, duration, and attention applied to the content.

Questions?

Congratulations and thank you again on choosing to join us for this advanced training!

If you have any other questions, please email me at info@davidji.com or Nancy at nancy@davidji.com anytime!

REMEMBER:

*"A hunting party often has a greater chance of flushing
love and God out into the open than a warrior all alone."*

~Hafiz

Let's do this together!!!!